



Family Supportive Housing, Inc.

Empowering Homeless Families

Building a Brighter Future

Getting ready to break ground on the new Shelter

Family Supportive Housing (FSH) initiated a capital campaign, *Building a Brighter Future*, to fundraise for its new residence for intact homeless families. It is projected we will break ground this summer for the San Jose Family Residence. The entire cost of the project is \$16 Million. While FSH has been fortunate enough to have commitments of \$11 Million in public funding, we are in the process of completing the raising of \$5 Million of private monies through various efforts. With the help of many individual, corporate, church, and employee contributions, we are very pleased to say that



already we have raised \$3 Million of our \$5 Million goal. Our many thanks to those of you who have supported our campaign thus far.

Features of the brand new Shelter include that it will be located in a healthy neighborhood, modeling the attributes of a healthy family. In addition, a private bathroom will be provided for each family in their room, enhancing privacy and quality of life. The new

Residence will provide access to storage adequate to keep family and staff belongings organized. We are also very proud to announce that the new Shelter will be responsibly "green," while thinking globally and acting locally. Family Supportive Housing will strive for LEED Silver Certification for building "green", assuming it is appropriate financially, given the priorities of the new facility.

If you would like to join the many supporters of the new Residence, please contact Beverly Lenihan at (408) 873-9266 or bev@reresults.com.



Above: A projected side view of the new Shelter. The new Shelter will be a 35,000 square-foot, 36-unit facility on one-half acre of land located in a new residential area not far from the current Shelter.

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WE NEED YOUR SUPPORT!

Donate via Mail:

Family Supportive Housing, Inc.
1590 Las Plumas Ave.
San Jose, CA 95133

or

Donate Online:

www.familysupportivehousing.org/givingonline.htm

**#1 NEED:
 FRESH FRUIT
 & VEGGIES**

Shelter Wishlist

Rooms

- Bedding (twin & full)
- Comforters & Blankets
- Pillows & Pillowcases

Families

- Maternity Clothes
- Socks & Underwear (*new*)
- Sweaters & Coats
- Double Strollers

Facility

- Mops & Brooms
- 6ft Folding Tables

Donation Drop-Off Hours
(no appointment necessary)
 Monday-Friday
 10:00am-4:00pm
 @ the Shelter's Front Desk

Christmas Time at the Shelter

Holiday events were a great success for residents & staff



Family Supportive Housing would like to extend a gracious THANK YOU to all of the people and organizations who helped make Christmas a special time for the families in the Shelter. This includes our countless volunteers and gener-

ous honors, as well as our dedicated employees.

We would also like to thank the VMC Foundation's *Turning Wheels for Kids* program for providing 100 free bikes for our child-residents at the Shelter. This kind of gener-



osity helps the Shelter be successful throughout the year and provide outstanding care and assistance for our residents.

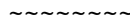
We were happy to provide our residents with a joyous holiday season as they welcomed the new year.



Donor Spotlight

Think back to your 10th birthday. Were you more concerned with helping your community at that time, or getting that perfect present you had waited all year for? For most of us, our focus was on the latter, but not for **Keishi Foecke** of Los Altos. Keishi recently celebrated her 10th birthday and in lieu of presents, asked her friends and family to donate much needed items to our Shelter.

This season we celebrate Keishi who so generously chose to help others who needed more than she did. Keishi showed us that it's not the size of the donation that matters, but the size of the donor's heart. Her philanthropy is not only a gift to us all, but a model of how to live a truly noble life, especially at such a young age.



The Shelter would also like to extend a very gracious Thank You to **Jerry and Mary Szelong** who donated family portraits for Easter to our residents.

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A Message from Trish Crowder, Executive Director

Dear Friends,

In this very difficult economy, thank you for continuing to support the families in the Shelter. As with all other charities right now, we are struggling to make our way. We are trying to do more with less and we are having great success. The program for the families is better than ever. Thanks to the dedicated staff, the quality of case management is greatly enhanced. Families are being successful in finding income and in moving into units on their own. There are many challenges, such as decreased number of affordable or very low rent units, but due to our dedicated and hard working staff, plans are cobbled together and success happens. We are able to offer many more connections for jobs and many families are finding success with the AfterCare program. The most exciting program that we have added is the health program where we have student nurses one day a week, extra money and a nutritionist to help us improve our meals, a staff person dedicated to finding health insurance and medical care for all of the families. We have classes on nutrition and as summer comes, we hope to add some health related outdoor activities.

The plans for the new building are progressing. We hope to begin construction this summer. We have \$14 million of the \$16 million we need to complete the construction which is pretty amazing in these tough times. So except for that pesky \$2 million, we are good to go.

As you read through this Newsletter and come across the heartwarming story of the Childress family or our upcoming summer camps, please remember we are only able to provide these services and programs for families because of people like you. Please consider donating today so that we can continue the wonderful work we do.

*Your Friend at the Shelter,
Trish Crowder*



**In memory of...
Brian Pugh**

On November 14, 2008, Family Supportive Housing lost a wonderful friend in Brian Pugh. Brian was killed at his workplace along with two colleagues. Brian was an avid volunteer at the Shelter and was active with numerous local non-profit organizations. Brian's family and friends generously chose FSH as a recipient for donations in memory of Brian's life. Our thoughts and prayers continue to be with Brian's family as they move on from this terrible ordeal. To read more about Brian, visit: www.rememberingbrianpugh.net



Success Story: From a Van to the Shelter to a Home of Our Own The Childress Family Proves That A Little Faith Goes A Long Way



In early 2008, Deidre and Maurice Childress were faced with a harsh reality. With the loss of Deidre's job, the couple of 12 years had to move their entire life, including their 14 year old daughter and family dog, into their van. Maurice has been out of work due to a slip disc and currently walks with a cane. While their daughter was able to occasionally stay with friends, Deidre and Maurice had a mobile permanent residence, until their prayers were answered and a room opened up for their family at the San Jose Family Shelter.

In July 2008, the family completed their 90 day stay at the Shelter and with the assistance of the AfterCare Program, were able to secure an apartment in Santa Clara, close to their daughter's

education art class, while continuing her own education through child development classes at Mission College. Deidre is currently working towards receiving her teaching credentials to teach Kindergarten in the Santa Clara Unified School District.

Referred by a friend, Deidre and Maurice were thankful to join the Shelter. While at the Shelter, the family made a huge effort to not only be model-residents, but to make use of the many programs offered by the shelter. Regardless of her Carpal Tunnel surgery two years earlier, Deidre eagerly sought career counseling and computer training through the Shelter. Meanwhile, her daughter maintained all A's and B's at Santa Clara High School, utilizing the Shelter's homework program.

school. The Shelter furnished the family's new home with donated furniture and household accessories, alleviating much of the family's stress. Putting her new skills to work, Deidre became an Instructional Assistant in a special edu-

cation art class, while continuing her own education through child development classes at Mission College. Deidre is currently working towards receiving her teaching credentials to teach Kindergarten in the Santa Clara Unified School District. The Childress family is one that has persevered through many hardships, and learned to rely on their community to help pull them through difficult times. Today, the family is constantly finding ways to give back to the community that helped them by volunteering with local churches and donating goods back to the Shelter. It is very important to Maurice and Deidre to pass on the lessons of their life to their daughter, who spent last summer working with younger children. Deidre and Maurice also counsel fellow church members who are struggling with their own lives, by sharing their story of faith, hope and motivation. The Childress family deeply feels that their faith brought them to the Shelter and brought new life to their family. Now, they aim to make their lives as successful as possible.



Deidra Childress, Brenda Mitchell - AfterCare Case Manager, and Maurice Childress in one of the Shelter classrooms

SUMMER CAMPS

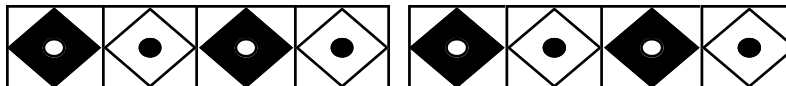
This summer we will have two San Jose State University Occupational Therapist Interns come to the Shelter for a 10 week internship. The OTs will run three weeks of day camps for all of the children in the Shelter. Each week there is a different theme and they travel offsite one day to a different community program.

In addition to this, we also send up to 35 of our child residents to an overnight weeklong camp at the end of June. FSH covers all costs of sending the children to the camps and also provides the children with clothing, spending money and any needed accessories for the camp.

The benefit of these summer programs is twofold. They provide the children with safe, fun, educational programs that promote socialization and structure during the summer months. The summer programs also provide parents with the time they need to work or actively search for employment and permanent housing.

These programs do come at a cost to the Shelter, and we, like the children and their families, would greatly appreciate financial donations towards the programs. We would like to collect all summer program donations no later than June 1, 2009. Please indicate on the check or online payment that the money should go towards the **summer programs**.

Upcoming Events at the Shelter



Recognition of the Founding Churches June 30, 2009

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On the 21st Anniversary of the first operational night of the Shelter, we will honor local churches and individuals who saw a need for our Shelter and support system for homeless families in Santa Clara County.

If you are a founding church or have information about one, please contact our Development Office at (408) 926-8885 x112.

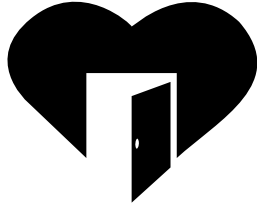
### 23rd Annual Soup Kitchen Dinner November 2009 (exact date TBD) at Bellarmine College Preparatory

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Silent & Live Auctions to be held. We are currently compiling a list of sponsors, attendees, and volunteers for the event. If you or your organization would like to be a part of this event, please contact our Development Office at (408) 926-8885 x112. Look for more detailed information in the Summer Newsletter!

Family Supportive Housing, Inc.
San Jose Family Shelter | Bridges
AfterCare | GlennArt Arms

1590 Las Plumas Avenue
San Jose, CA 95133

Phone: 408-926-8885
Fax: 408-254-2056



Our Mission: To provide shelter and supportive services to homeless families in Santa Clara County, to empower them to move from homelessness to self-sufficiency in our community.

Visit us online!
www.familysupportivehousing.org

Want to Volunteer?

Contact our Volunteer Office at
(408) 926-8885 x106
or
email: volunteer
@familysupportivehousing.org

Donate A Car - Help the Shelter

The Shelter has joined forces with Pick-N-Pull, located in San Jose. Pick-N-Pull will pick up any car you wish to donate and the proceeds of the car will come directly to the Shelter. All donations are tax deductible. Please call the Pick-N-Pull Donor Helpline for more information: 866-483-9516.



1675 Monterey Road
San Jose, CA 95112

Phone: (408) 292-4325
Hours: Daily 9am-5pm

Have you seen our new Thank You Cards?



desk of the Shelter Monday thru Friday, 10:00am to 4:00pm. All proceeds directly benefit the shelter.

We were very honored to have all printing costs of the cards donated to us by Progressive Printing Solutions which

can be found at <http://progressiveps.net/> or (408) 529-9593. There aren't enough Thank You cards that would convey our abundance of appreciation for their support and services!

This year, with the help of our own Volunteer Director, Angie Schultz, we transformed amazing artwork created by our child-residents into beautiful Thank You Cards. With 12 very unique designs, the cards are currently being used as acknowledgements and receipts for donations.



We are also selling packs of 8 cards and envelopes for \$10. Card sets can be purchased at the front